



MERIDIAN PRIMARY SCHOOL

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Our Ref: MPS/SM /2018/011

26 Jan 2018

Dear Parents/ Guardians

MOE SEXUALITY EDUCATION IN SCHOOLS - THE GROWING YEARS PROGRAMME

Sexuality Education (SEd) in schools is about enabling **Primary 5 and Primary 6 students** to understand the physiological, social and emotional changes they experience as they mature, develop healthy and rewarding relationships including those with members of the opposite sex, and make wise, informed and responsible decisions on sexuality matters. SEd is premised on the importance of the family as the basic unit of society. This means encouraging healthy, heterosexual marriages and stable nuclear family units with extended family support. The teaching and learning of SEd is based on respect for the values and beliefs of the different ethnic and religious communities in Singapore on sexuality issues.

2. The goals of Sexuality Education are:


- (i) To help students make wise, responsible and informed decisions through the provision of accurate, current and age-appropriate knowledge on human sexuality and the consequences of sexual activity;
- (ii) To help students know themselves and build healthy and rewarding relationships through the acquisition of social and emotional skills of self-awareness, management of their thoughts, feelings and behaviours, development of empathy for others, possession of effective communication, problem-solving and decision-making skills; and
- (iii) To help students develop a moral compass, respect for themselves and for others as sexual beings, premised on the family as the basic unit of society, through the inculcation of positive mainstream values and attitudes about sexuality.

3. The key messages of Sexuality Education are:
 - (i) Love and respect yourself as you love and respect others;
 - (ii) Build positive relationships based on love and respect (which are the foundation for strong families);
 - (iii) Make responsible decisions for yourself, your family and society; and
 - (iv) Abstinence before marriage is the best protection against STIs/HIV and unintended pregnancies. Casual sex can harm and hurt you and your loved ones.

4. Please visit the school's Sexuality Education webpage (<http://meridianpri.moe.edu.sg/sexuality-education/>) for more information on Meridian Primary School's Sexuality Education Programme for 2018.

5. Thank you.

Yours faithfully,



Ms Liza Bte Rahmat
Principal

[Acknowledgement of Letter (For all parents)]

Dear Ms Liza,

THE GROWING YEARS PROGRAMME FOR YEAR 2018

I acknowledge receipt of letter from the school dated on 26/01/2018 regarding the school's sexuality education, *Growing Years* programme that will be taught in 2018. I have read and understood the information provided on the content coverage and delivery of the programme.

Parent's Name & Signature

Date

Parent of: _____ ()
(Child's Name)

Class