

# MERIDIAN TIMES

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The school year is coming to an end. We reminisce the events that brought us together.

In this second issue of our newsletter, we bring you an overview of the students' school experience in the past months.

## Vision

**Future Learners** 

Future Citizens

**Future Leaders** 

# Mission

To provide a quality educational experience that maximises the potential of all pupils through delivery of a holistic student-centric curriculum anchored on values, safety, health, continuous improvement and collaborative partnership with all stakeholders

# Motto

To Learn, To Love, To Lead

# Values

Passion Responsibility Care Respect Integrity Teamwork

# Message from the Principal



## Dear Parents,

Time flew by so quickly and now we have come to the end of the school year. 2017 has been an exciting experience for me personally, since I joined the school at the start of the year. I am thankful that I had different opportunities to get to know the Meridian Family better, be it the students, staff or parents.

In the second semester, our teachers organised a variety of programmes and activities that continued to engage our students and gave them ample opportunities to apply their learning beyond the classrooms. Our students also participated in various competitions where they worked hard together and did their best. They did not give up even when the going got tough for them. They have done us proud with their grit and resilience. Well done Meridians!

As we wind down the year with the school holidays, I would like to encourage all Meridians to have a good break and spend quality time with your loved ones. Use the time well and reflect on your learning this year - learning that took place in and out of the classrooms, not just what you have learnt in the different subjects but also reflect on your behaviour and experiences. Remember, the most powerful learning happens when we are able to reflect deeply and learn from our experiences.

On behalf of the staff of Meridian Primary, I would like to wish all Meridians happy holidays and let's look forward to a great 2018!

Yours sincerely, Liza Rahmat

## Joyful Learning Joyful Hearts



A colourful performance by the students and teachers during Hari Raya celebrations.





During recess, opportunities were given to the students to experience the Malay culture. The students had fun weaving the ketupat.

The Hari Raya Puasa celebration is a vibrant one at Meridian Primary. Both students and teachers soaked in the festive mood through the various festive related activities.

One of the highlights was a learning journey to the last 'kampong' in mainland Singapore - Kampong Lorong Buangkok. The memorable afternoon was spent experiencing village life and learning more about how Hari Raya Puasa is celebrated in the village.

Back in school, P5 students visited their assigned P1 to P6 classes to share about the historical background and traditional customs related to the festival. There was lively conversations as presenters interacted with their audience through craft-making and slide presentations. This activity is part of the school's Leadership Development programme to develop students' skills in facilitation.

The concert brought the celebration to an exciting close as students performed the Angkung and Kompang and the Zapin dance. The costume parade by teachers was a hit! The whole school was immersed in the festive mood.

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I enjoyed the learning journey to Kampong Lorong Buangkok. Not only did I get to learn more about life in a Kampong, I have learnt a lot about Singapore's history through listening to the elders in the village.

Trakansuepkool Christine, 4PA





A Parent Volunteer teaching the students Rangoli art

▲ The students trying their hands at Uri Adittal

On 1 November, the school celebrated Deepavali with a bang! During the Deepavali bazaar, students got to try their hands at cultural acitivites like flower-tying, henna painting and also Rangoli Art. Some played Uri Adittal, a Pinata-like game where they have to be blindfolded to break a suspended clay pot, others tried traditional board games like Paramapatham.

The P4 students also shared their knowledge about the significance of Deepavali with the rest of the levels. The celebration ended on a vibrant note during assembly as the students watched a video on the Learning Journey to Little India and folk dance performance by the P6 students and also Mdm Lalitha, a Parent Volunteer and her daughter, SriSahana of P1 RB. The concert ended with a mass dance to learn some of these moves. Everyone was in good spirits and enjoyed the celebration.



▲ Students who have been nominated for 'Best Dressed' paraded down the 'runway' in traditional wear!

Racial Harmony Day was commemorated on 21 July. Students and teachers came dressed in colourful multicultural outfits to show their appreciation of the various ethnic cultures. Students were engaged in a series of activities to learn the importance of harmony, and to appreciate the diverse cultures and heritage of Singapore.



Munch...Munch... On some of the ethnic delicacies.



In Term 3, P3 students embarked on a 'work' adventure at KidZania. They had the opportunity to take on different occupations like fire fighter, burger chef, cabin crew and Water Quality Assurance Specialist. As they carried out their jobs, they earned their well-deserved salary in Kidzo (KidZania currency). Their experience at KidZania exposed them to the job responsibilities of the various occupations and allowed them to explore their career interests.





I love working as the dentist! Today, I helped to remove bacteria from my patient's teeth!

Chow Wei Ming, 3PA



▲ The theme of the camp was "Kampong Days - Knowing our Past to conquer our Future". The camp activities were meaningful and one could see the friendship bonds developed amongst the students, and the deepening of teacher-student relationships.

I really enjoyed dragon boating. It was a new experience for me, it was the first time I have learnt to paddle.

Zulianah Bte Zarinoh, 41N



In July, P4 students enjoyed a 3-day 2-night outdoor experience at Changi Coast Outdoor Adventure Centre. The 152-strong cohort participated in a variety of activities which developed their confidence and character and they were able to build better friendships with one another. Some of the activities included high-element obstacle courses, zip-line and rock climbing.

One of the highlights of the camp was dragon boating at Kallang River. Through their dragon boating experience, students learnt to appreciate one another's strengths, engaged in teamwork and developed their endurance. Besides activities, there were facilitation time in which students engaged in reflections and were able to learn more about their personal strengths and areas for improvement.





In July, the P5 students attended the National Education (NE) Show. It was a once-in-a-lifetime experience for all to watch the fireworks, performances sing and the National Anthem alongside their peers from different schools. The NE Show was indeed a time for one and all to show our appreciation for Singapore, heritage, and the various cultures and people who make up the fabric of our nation.

The performance was awesome.
I learnt to respect Singapore and that everyone needs to play a part for Singapore!

Nicole Quek, 5CA





On 8 August, the school celebrated Singapore's birthday together. The day commenced with a solemn ceremony, where a contingent formed by school leaders, teachers, students and parents marched in with the Singapore flag. Recitation of the 'Recollections' followed, as everyone was reminded of Singapore's journey in nation-building.

The theme for 2017 National Day Celebration was 'One Nation Together'. Various activities were conducted in the month of August to foster a greater sense of national identity and national pride.



Students were excited for the sing-along session!



Everyone enjoyed the wonderful performances during 'Meridian's Got Talent'.



Mystery Lesson at Meridian Primary is conducted twice a year. It is definitely a session which students anticipate and look forward to. It is a form of sharing which ranges from hobbies, interests and passion of teachers and invited guests. The fact that it is termed Mystery Lesson, reflects the essence of mystery which would intrigue students into anticipating something interesting for the segment.

Over the years, Mystery Lesson has evolved as a lesson to introduce students to the different jobs that stem from passion. Values were also infused into the lesson so students will get to learn the expectations at the work place in terms of ethics and etiquettes as well as the values that would lead them to successful acquisition of their dream jobs.







▲ Sand art animation and handwritten caligraphy were some of the interesting hobbies shared by the teachers. School leaders also shared interesting lessons with the P6 students.

# Strong Bodies Strong Minds



At the start of the June holidays, the students from different Performing Arts CCAs (Chinese Dance, Malay Dance, Show Choir, Violin and Drama Club) and the Art Club put up a performance and taught craft-making at the Pasir Ris Public Library. This meaningful activity was conducted for the second year.

Through this public platform, students were given the opportunity to showcase their talents and to develop self-confidence. The audience enjoyed the performances and art activity. It was truly a heartwarming sight to see Meridians expressing and sharing their passions with the community.











Our students were excited to perform at the library. The experience gave them a chance to build their self-confidence.



It was my first time helping out in a major competition. I was very excited as I have not done anything like this before!

Isaac Peh, 5RB

On 24 June, the students from String Ensemble and Show Choir performed at the opening of the Asia Pacific Master Table Tennis Competition at Our Tampines Hub. The event attracted 16 local and regional teams with more than 90 players in the competition.

Our Junior Sports Leaders and CCE Leaders also spent a meaningful afternoon helping out at the event. They led the teams as flag-bearers and assisted disabled players retrieve balls during the games. Through this experience, they deepened their understanding of an inclusive society where sports is enjoyed by all.



The event was organised by the Tampines West Community Sports Club (CSC), Veteran Table Tennis Clube Singapore (VTTCS) and Table Tennis Association for the Disabled Singapore (TTADS).





▲ Answering Cyber Wellness Questions@Play.

Completing the recess activity booklets.



Thank You Parent Volunteers for helping at the Recess Stations! The Recess Stations include a Quiz, Selfie PhotoBooth, PLAY Station, iPad station and a NextKid Station.

We hope to promote positive well-being of our students as internet users. Remember students... be responsible users in Cyberspace!

## Mdm Fadilah, Subject Head, Mathematics (Internal)

During the Cyber Wellness Week from 4 July to 7 July, the school organised a series of events to help students gain awareness of good cyberspace habits. The students attended an engaging sharing on "Addictive Nature of Computer Games" conducted by TOUCH Cyber Wellness. The sharing was followed by hands-on activities during recess. The Cyber Wellness Week concluded with students taking the Cyber Wellness Pledge during assembly.



Over 8 weeks, about a total of 100 students from P3 to P5 took part in the Public Speaking Enrichment Programme. The experience complements the school's English lessons. More importantly, activities were conducted so that students were able to apply the public speaking skills which they have learnt at each of the lessons.

I learnt how to express myself clearly through actions during the Charades game. It is one of the best courses I have attended!

Lee Yue Lu, 5RB

We were able to create our own products and describe how they work. I enjoyed the sessions because we got to be creative!

Chaw Pyae Aung, 3RB



The National Mathematic Olympiad of Singapore (NMOS) is an annual competition organised by NUS High School of Mathematics and Science. The competition is for P5 students to pique their interest and cultivate their enthusiasm in Mathematics. It also challenges their problem-solving skills. 15 students represented Meridian Primary for the NMOS this year. We are proud that the students achieved 2 Silver, 1 Bronze and 3 Honourable Mention awards for the competition!



To inculcate the love for the Mother Tongue Languages (MTL) and culture, the annual MTL Fortnight was organised in Term 2 and Term 3. A range of exciting activities tailored for each level was conducted.

Students taking Chinese MTL were introduced to traditional craftwork such as paper-cutting, kite painting and tying of Chinese Knots. Students taking Malay MTL played the Kompang and Angklung and performed Dikir Barat (choral singing), Silat and Zapin (Malay dance). Meanwhile, students taking Tamil MTL made Kolakattai (traditional Indian sweetmeat), fruit salad and learnt about the traditional Indian kitchen utensils.



P4 students trying out fan painting using caligraphy.



P6 students completing their hands-on activity of knot-tying.



 P5 and P6 learnt the Malay martial arts (silat) and played the musical instrument (angklung)

I was glad to be given an opportunity to learn and perform the angklung . I will treasure this experience and remember it after I graduated from the school.

#### Saif Shabeer, 6PA

The students made a simple fruit salad using the 3 fruits and Kolakattai (a traditional Indian sweetmeat) with the help of parent volunteers who also contributed with some valuable ideas.





 P3 and P4 learning the musical instrument (kompang) and choral singing (dikir barat)



Everyone was excited about their visit to Hokkien Huay Kuan.



#### Maxtoon Say It Out A

In Feburary, the upper primary students took part in the Speech-Giving workshop during their Chinese lessons. They learnt techniques to improve their speaking skills, such as using varying pitch, tone, volume and expression to capture the audience's attention. Three celebrity speakers also shared their life experiences on failures and successes.



## Mid-Autumn Festival Celebration at Chung Cheng High School •

A group of P5 students celebrated the Mid-Autumn Festival at Chung Cheng High School. They engaged in a variety of Chinese cultural activities and traditional games. Some of these activities include lantern riddles, moon cake sampling and the making of traditional crafts. It was an evening of learning and fun as they immersed in the rich Chinese cultural activities.



▲ Our P6 students attempting to complete an information booklet about the contributions of the Hokkien Clan Associations.

Using Chinese Language beyond the classrooms is an important part in getting students to practise their language skills. Thus, various learning journeys, competitions and activities were planned to provide students with authentic platforms to both acquire and appreciate the language.

## Singapore Hokkien Festival- Cultural Exhibition for P6 students

On 11 May, the P6 students taking Chinese Language visited the cultural exhibition at the Singapore Hokkien Huay Kuan. They learnt about Chinese heritage, culture, family values and the harmonious ties of the Chinese.

## Cultural Performance Exposure Scheme

A group of P4, P5 and P6 students embarked on a theatre experience to watch "The Wizard of Oz" musical at the Singapore Cultural Centre. The educational play explored key themes of friendship, courage, love and teamwork, and inspired our children to pursue their dreams with perseverance.

## 3rd National Primary School "Picture Book Creation" Competition

In May, 14 P4 and P5 students took part in this competition to create a picture book. This experience provided them with the opportunity to develop collaborative and creative Chinese writing skills.

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It was fun to plot our own story and draw the pictures to go along with it. We learnt to work as a team.

Angelina Lin, 6PA

## "Xue Hui Le" (学汇乐) National Writing Competition

During the June holidays, selected P5 and P6 students participated in the "Xue Hui Le" (学汇乐) National Writing Competition. A total of 30 entries were submitted by our school. We are proud to share that Yeo Jing Xuan (6RT) and Chong Hao Zhe (5 RB) were shortlisted as finalists for the competition.



In July, six of our Tamil Language students pitted their skills and talents against the students from other schools in the E1 Custer. Despite the tough competition, the students put on a sterling performance and did the school proud! They are:

P1: Singing Competition

1st - Chandrasekar Srisahana, 1RB

**P2: Reading Competition**Consolation – Neha Anish, 2RT

P3: Story telling

Consolation - Niranjann Savitha Muthukumar, 3RT P4:Newscaster Competition

3rd - Duraisami Bharatipriya, 4RB

**P5: Poetry Recitation** 

3rd – Wilson John Graceson, 5PA

P6: Oratorical Competition

1st - Vinayagasubramanian Lakshmisurya, 6RT

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This is my first time taking part in an external Tamil Language competition. My parents and teacher are very supportive and encouraging.

Wilson John, 5PA







Selected P1 to P6 students took part in the annual E1 Cluster Malay Competition. The following are the competition categories:

P1: Singing of Folksongs

P2: Dramatisation of Folktales

P3: Poetry Recital

P4: Reading of Dialogues Creatively

P5: Rap Singing

P6: Language Quiz

The P4 students were awarded 3<sup>rd</sup> place while the P6 students won 2<sup>nd</sup> place. Congratulations, students!

Though we did not win the competition, it was an enjoyable learning experience for us.





 Sofea Nurbaqyah was speaking to Mr Noh Daipi, MLCS Centre Director.

Sofea Nurbaqyah (5RT), did the school proud when she was featured in 'Berita Harian' for winning 2<sup>nd</sup> place.

Sofea was among the 282 students from over 60 schools who participated in the annual competition organized by MLCS. Siti Hadijah (5RT) also emerged as one of the top 14 winners of the competition. The other participants who was awarded Certificate of Participation for their involvement were Nur Maisarah Izzati (5CA), Myra Effendy (5RB), Nur Nadirah (5RB). Well done girls! We are proud of your achievement.



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This is the first time I participated in a national competition and won 2<sup>nd</sup> place.
Thank you teachers for training and believing in us!

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Quzandria Qistina, 5RB

▲ The LEGO creation and storyboards developed by the students.

Team Meridian consist of Quzandria Qistina (P5 RB), Muhammad Naqib (P5 RT) and Nurin Jazima (P5 CA). The team won 2<sup>nd</sup> place in the competition. The students created a story using LEGO based on the theme - Healthy Lifestyle. As part of story submission, the team had to take photographs of their LEGO creation and write a short story based on the photographs!



The P1 students had the opportunity to see the animals which they have learnt in their English lessons. The animals in the STELLAR Big Books which they were reading 'came alive' at the Singapore Zoo. As part of the learning experience, the students also watched the Splash Safari Show where seals performed special tricks.

I like the
Zoo-Rassic
Park because
I can see
different types
of dinosaurs.
They are so
huge and look
so real! I could
even touch
the dinosaur
eggs! I had fun
at the zoo!

Lek Jing Hao, 1RT

 Our P1 students not only had a whale of a time but also understood the importance of protecting our environment for the animals, especially the endangered ones.





P2 Visit to Bird Park,
Butterfly Park and
Animal Kingdom

▲ The iguana enjoyed being petted.

It was a great opportunity for the students to see up close some insects they have learnt about. The students used this opportunity to ask as many questions as possible.

In May, the P2 students had two learning adventures to learn about birds, butterflies and insects. They captured their experience with the iPads and came close to feeding the birds. They also saw how the caterpillars morph into butterflies and encountered the iguana and parrot.



Students were fascinated by the many hands-on experiences with the insects. They were left with a positive image of insects and it helped dispel fears of creepy crawlies.

Mdm Suzana, Teacher



▲ Group photo with storyteller - Mr Roger Jenkins

On 27 June, selected P4 students participated in the Stories Through Art Programme at the National Gallery Singapore. They listened to an interesting Singapore story told by an International-award-winning storyteller, Mr Roger Jenkins. The story which was about the Singapore River, was based on the artwork - The Net by Teo Eng Seng. The afternoon was truly well-spent as the students learn to appreciate artworks through storytelling.

> Students learning about the history of the Singapore River through the artwork 'The Net'.



It was interesting to hear about the history of the Singapore River and the stories behind 'The Net'.

### Prantia Arianna Venice, 4PA









Through the Learning Journey, the Aesthetics Department hoped to provide the students with a comprehensive Arts education and experience.

On 20 July, 87 P4 students visited the National Gallery. This is part of the school's continuous effort to pique students' interest in Visual Arts. During the tour, practicing Artists led students conversations about on South-East Asian artworks. The museum visit gave our students a chance to see artworks within the gallery context and to learn museum etiquettes.

The students were all excited and happy to be visiting the Art Gallery. They learnt about museum etiquettes tool



At the annual Music Day, P1 to P4 students enjoyed the opportunity to perform as a class on stage. P1 and P2 students showcased their self-made musical instruments while the P3 and P4 students performed musical pieces using the recorder. The students collaborated as a class to create music while learning to listen to one another.







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I had fun making music with my friends.
I learnt that teamwork is important in making music.

## Muhammad Aqil Bin Ahdan, 2CA

The students were excited and we could tell that they felt a sense of pride and achievement for what they had created as a class."





▲ The P1 and P2 performed using the instruments they created as part of the Music Creations project.



On 29 July, P6 students embarked on an adventure at the Sungei Buloh Wetland Reserve. Among the rich diversity of the mangrove forests, they spotted some of the native inhabitants such as mudskippers, crabs, shellfish and monitor lizards. Through these direct observations, they explored and learnt more about how different organisms adapted to their environment.

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It's heartening to see students showing interest in conserving and protecting Singapore's nature environment.

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Mr Clement Tham Subject Head Science (Internal)



In July, the Science Department invited Singapore Power Limited to organise a mobile exhibition. The students learnt about energy conservation through fun and interactive game stations. They also acquired important tips on good energy-saving habits in school and at home.



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After the exhibition, I do see many students making conscious efforts to switch off the lights and fans as they leave their classrooms.

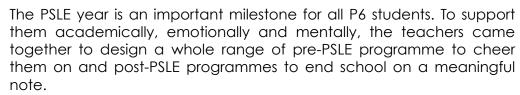
## Mdm Jaime Hoi, Subject Head ICT (Internal)





The 'Young Meridian Scientist' programme is organised annually for P3 to P6 students. Students had to complete Science research projects in order to be a Young Meridian Scientist. The duration of the project is from Term 1 to Term 3. The project encourages the students to be self-directed in conducting their own research and findings.





### **Pre-PSLE Programme**

After interacting with our P6 students and hearing their concerns, the school put together a Survival Toolkit to help the students reach their goals. Through daily target setting and journaling, the students learnt to self-manage and plan their own time. Motivational talks and videos of success stories were shared to help students see they have the power to exercise good choices.



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▲ The planner was designed to encourage students to plan their time and make good choices with their time.



Post-PSLE Programme

The P6 up-cycled the materials into games, toys and mini furniture.

For Post-PSLE programme, the school focussed on skill based experiences, bonding sessions through play and Values in Action (VIA) activities. Our teachers, vendors and students were pleasantly surprised by the level of collaboration across classes, the high level of enthusiasm and the creativity demonstrated by the students. The daily target-setting at the start of the day and the reflection sessions at the end of the day provided students the opportunities to learn how to set achievable daily goals with regard to self-management.







On 5 October, teachers and students participated in the Meridian Games. It was a day of sporting events and fun as all students participated in level wide activities. P1 and P2 students enjoyed team-building and relay games while the P3 students played Captain's Ball. P4 students had a whale of a time jumping on trampoline and participating in the skipping competition. The P5 and P6 students participated in the Floorball and Softball competition respectively.

Teachers too, had a 'sporting day' as they served as umpires and venue managers. It was a heartwarming sight witnessing how students supported their teams and cheered for one another. Meridian Games was indeed an precious opportunity for students to acquire and display teamwork, care and good sportsmanship.



The whole school came alive with the different activities happening concurrently!















Meridian's Got Talent is a highly anticipated annual event for students! This year, the event is held as part of National Day celebrations. Based on the theme of 'Singapore', contestants made use of their talents in storytelling, singing, musical instruments, poetry recitation and dance to put up a performance. All contestants were creative and the event was a magnificent showcase of the multiple talents of Meridians.



▲ After the prize presentation, the pupils were stationed at their photo booth to share their learning and experience with Minister Yaacob Ibrahim and the other VIPs.

On 25 March, students Yu Chun Wei, Neo Yue Xuan, Yeo Jing Xuan and Andriele from the Video and Photo CCA took part in the National Photography Festival at Geylang West Community Club. The event was organised by Canon Singapore and Edgefield Primary School.

The students used DSLR cameras to capture unique sights within Geylang estate. It was a good opportunity especially for the senior members (P6) of the CCA to showcase the photography skills which they have learnt through the years. We are happy to share that the students won a Special Mention Awards for the team event and received the award from Minister Yaacob Ibrahim.

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It was a very unique experience for me as I get to take photos of the Geylang neighbourhood and capture images from all walks of life

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Neo Yue Xuan, 5RT



The themes were Nature, People, Landscape and Street.



On 12 August, 10 cub scouts participated in the National Cub Scout Gang Show. It was a tough fight as all participants exhibited their talents in the performing arts. Our cub scouts won a Silver award for their dance performance - Meridian Roar.



The Gang Show is a concert for cub scout groups from all over Singapore to showcase their talent in performances.



Our Cub Scouts is awarded the Frank Cooper Sands Award in recognition of the unit's excellence in areas such as administration, participation, training and development, finances, international participation and initiatives.

Our heartiest congratulations to the Cub Scouts for the good work!

The award was started in 1995. It has since then been an annual platform to recognise sectional scout units for unit excellence.



On 29 July, P4 and P5 students from the Football CCA participated in the Futsal Tournament for players under 10 and under 12 respectively. Team Meridian put up a tough fight and emerged as the 1st runners-up in their respective age group. It was heartwarming to see our students applying football skills and techniques as they worked as a team to win the game.

I feel proud as we are able to come in 2<sup>nd</sup> in the tournament. We will continue to improve our football skills and support one another.



Mohammed Naqib Nur Alim, 5RT

# OUI Family

### Staff Development and Well-being

We would like to warmly welcome the following staff to the Meridian family...



Mdm Juliana Jalil **Teacher** 



Miss Kirenjit Kaur Sulinder Singh **Teacher** 



Mr Md Ali s/o Md Salleh
Operations Support Officer



Mdm Siti Faezah Binte Rahmat **Librarian** 



Our heartiest congratulations to Mdm Anna Lim as the recipient for the 2017 National Day Commendation Award and to Mrs Stephanie Lim for receiving the 2017 National Day Long Service Award. The awards are testaments to the hard work and contributions which they have made to the education service.



The P3 Appreciation Day is a special day set aside to recognise the contributions of our Operations Support Officers (OSOs) who have worked hard to support the needs of the school every day. That day provided the opportunity for the students to show their appreciation to the contribution of these unsung heroes.



25 Our Family



On 30 August, the school came together to show appreciation to all staff for their contribution to school. All teachers were greeted by enthusiastic cheers from the students as they marched into the hall for the Teacher's Day concert. They were treated with music and dance performances put up by Meridians.

It was an enjoyable experience for all staff.







 All teachers were invited on stage for cake-cutting in celebration of Teacher's Day.

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The teachers had a "red carpet" experience walking down the hall. It was a nice gesture by the students.

## Mdm Tang Tsin Ray Subject Head Holistic Assessment



Teachers and staff enjoyed themselves at the selfie photo booth, capturing fun memories with props and head gears.

26 Our Family



The creative dance taught me many different movements which I enjoyed. They are for example, pretending to be the plants and sink! They were fun.

#### Anahita Bahadur, 3RB

The school hosted Dr Terry Sweeting, a visiting fellow of Physical Education and Miss Mabel Yong -- Physical Education and Sports Teacher Academy (PESTA) Master Teacher and specialists from the Arts Education Branch, Ministry of Education.

Under the guidance of Dr Sweeting and Miss Yong, the PE teachers came up with interesting ways to better engage the students in creative dance. The P2 RT students learnt to move to the beat while performing the various animal movements. For 3RB, the students played different characters in the story, "Harry Potter-The Forbidden Forest", while moving creatively to the music. Through exploration and imagination, the students were able to explore, express and be more aware of self, others and the environment.



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Apart from supporting the teaching and learning of creative movement, Dr Sweeting also conducted a workshop for the PE teachers in cluster schools on 10 October 2017.

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I like the elephant movement.
I wish this can happen again!

Li Jiayi, 2RT



E1 Cluster (TL) Sharing of Best Practices 2017 was held at Coral Primary School on 5 July 2017. Teachers from the E1 Cluster were invited to share their best practices in teaching the Tamil Language. Four primary schools presented during the sharing session. Mr Mohan represented Meridian Primary. He shared about the use of giving effective feedback to move learners forward in essay writing.

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The practice of sharing has become part of our culture in the E1 cluster. We share ideas and strategies, bring them back to our schools, and customise them to help our students learn better.

Mr Jeyamohan Ramasami Subject Head Partnership (Internal)

## Our Partners



In May, 26 P5 students participated in an eco-environment immersion trip to Taipei and Yilan in Taiwan. The trip was aimed at increasing our students' global awareness. Students would also enrich their learning experiences in environmental conservation and protection through the trip. Besides visiting a local primary school - Sanhe Elementary, students were involved in hands-on activities such as padi transplanting, fertilizing and pest controlling. They also enjoyed an authentic farm stay in Toucheng Leisure Farm and had a meaningful and educational time.





I could learn more about local Taiwanese culture and their great efforts in greening and protecting the environment. I am proud to represent Meridian Primary and to have the chance to share our school's greening efforts!

Romana Sharifah, 5RB



27 Our Partners





The speaker, Mr Patrick Phua, from i-Nurture Consultancy spoke about the consequences of poor communication and the challenges of parenting children.

## Positive Parenting Programme (Triple P)

This year, the school embarked on the Positive Parenting Programme -The Triple P. Parents of P3 and P4 students were invited to participate in this programme.

A total of 3 seminars were organised by the school:

- The Power of Positive Parenting
- Raising Confident, Competent Children
- Raising Resilient Children

Parents gave feedback that they found the sessions useful and the parenting tips shared were practical.

The speaker, Mr Michael Chua, from Compass Life defined procrastination, its causes and equipped parents with useful tips to help their children beat procrastination.

## 'Breaking Down The Walls Between You And Your Child' and 'Help Your Child Beats Procrastination' Talks

In Term 3 and Term 4, parenting talks on 'Breaking Down the Walls between You and Your Child' and 'Help Your Child Beat Procrastination' were organised. Both talks aimed to provide practical tips for parents to connect and communicate with children their effectively. Opportunities were given for parents to discuss and share their experiences and parenting strategies.

28 Our Partners



P3 and P4 students from the Football CCA had the opportunity to train under the professional coaches of Tampines Rovers Football Club (TRFC). The 6 training sessions were held from July to September.

The rich sharing from the experienced coaches, Seeni and Thomas, helped the students to sharpen their football skills and knowledge of the sport. The boys also learnt about teamwork. It was an enjoyable and meaningful experience for our aspiring footballers.



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The professionalism, engagement and ideas shown by the coaches have brought a new dimension to Football training. Both the teachers and students learnt well.

### Mr Zulkarnai Zulkifli Teacher

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29 Our Partners



On 4 November 2017, 20 pairs of father and child participated in a kite making and flying bonding event at Marina Barrage. They were tasked to build and decorate a simple Eddy Kite together. The weather was good and the participants enjoyed flying kites at the rooftop. After lunch, all fathers and children had great fun answering questions about each other. The deep communication and bonding between fathers and children truly made the day a meaningful one.

There were lots of laughter and joy as everyone enjoyed themselves during the event.





Mr Patrick Tan, the instructor spoke about being resilient like a kite. When a kite was damaged he fixed it and it could fly again. That was the learning point for the participants.